## UNIVERSITY OF CALIFORNIA

Los Angeles

Motor Vehicle-Related Air Pollution and Adverse Birth Outcomes in Los Angeles County, California, 1994-2000

A dissertation submitted in partial satisfaction of the requirements for the degree Doctor of Philosophy

in Epidemiology

by

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2004

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This dissertation is dedicated to my husband, Carl Stuart Turner,

and my son, Samuel Raymond Turner.

# Table of Contents

<u>Cha</u>	apter	Page
1.0	County, California, 1994-1996	1
	1.1 Introduction	1
	1.2 Methods	2
	1.3 Results	7
	1.4 Discussion	
	1.5 Conclusions	
	1.6 References	35
2.0	Motor Vehicle-Related Air Pollution and Adverse Birth Outcomes in	Los Angeles
2.0	County, California, 1994-1996	
	2.1 Introduction	
	2.2 Methods	
	2.3 Results	
	2.4 Discussion	
	2.5 Conclusions	
	2.6 References	
3.0	Estimating Exposure to Motor Vehicle-Related Air Pollution Using C	HS Methods –
	An Application in Los Angeles County, California	73
	3.1 Introduction	73
	3.2 Methods	74
	3.3 Results	76
	3.4 Discussion	
	3.5 Conclusions	
	3.6 References	

List of Tables

	Page
Table 1-1.	Percent of subjects in each outcome group by individual-level demographic
	characteristics
Table 1-2.	Percent of subjects in each outcome group by census block group-level
	demographic characteristics
Table 1-3.	ORs and 95% CIs for three outcome groups for each covariate included in
T 11 1 4	the adjusted model
Table 1-4.	Association (RR point estimate, 95% CI) between residential DWTD and risk of preterm birth for infants born between 1994 and 1996 to mothers
	•
T 11 1 C	living in 112 zip codes located in Los Angeles County, California
Table 1-5.	Association (OR point estimate, 95% CI) between residential DWTD and
	risk of LBW and preterm birth for infants born between 1994 and 1996 to
	mothers living in 112 zip codes located in Los Angeles County, California
Table 1-6.	Association (OR point estimate, 95% CI) between residential DWTD and
	risk of term LBW for infants born between 1994 and 1996 to mothers living
	in 112 zip codes located in Los Angeles County, California
Table 2-1.	Percent of subjects in each outcome group by individual-level
	characteristics - 1997-2000
Table 2-2.	Percent of subjects in each outcome group by census block group-level
	demographic characteristics – 1997-2000
Table 2-3.	Percent of subjects in each outcome group by freeway truck exposure
	categories – 1994-2000
Table 2-4.	Association between residential distance-weighted traffic density (DWTD)
	and risk of preterm birth for infants born between 1997-2000 to mothers
	living in 111 zip codes located in Los Angeles County, CA
Table 2-5.	Association between residential proximity to freeway trucks and risk of
	LBW and preterm birth for infants born between 1994-2000 to mothers
	living in 111 zip codes located in Los Angeles County, CA - ORs and 95%
	confidence intervals for 90 <sup>th</sup> and 95 <sup>th</sup> percentiles of truck variable
	distributions
Table 2-6.	Changes in motor vehicle emission standards between 1994-2000
Table 3-1.	List of traffic radii and 96% decay distances used to construct DWTD
14010 5 1.	measures
Table 3-2.	Summary of linear regression models relating monitoring station pollutant
14010 5-2.	concentrations to traffic density (DWTD) and average inversion layer 93
Table 3-3.	Characteristics of roadways within 5,500ft of SCAQMD air monitoring
1 abic 5-5.	stations in Los Angeles County, California
Table 3-4.	
1 able 3-4.	Distribution of pollutant and meteorological variables at SCAQMD
	monitoring stations in LA County, California – mean (range)95

V

List of Figures

	Page
Figure 1-1.	Location of Zip Codes Included in DWTD Analysis, Los Angeles County,
	CA
Figure 3-1a.	Correlations between CO and DWTD1 – Excl. Outliers - 1994
Figure 3-1b.	Correlations between CO and DWTD1 – Excl. Outliers - 2000
Figure 3-1c.	Correlations between CO and DWTD1 – Incl. Outliers - 1994
Figure 3-1d.	Correlations between CO and DWTD2 – Incl. Outliers - 1994
Figure 3-1e.	Correlations between CO and DWTD1 – Incl. Outliers - 2000
Figure 3-1f.	Correlations between CO and DWTD2 – Incl. Outliers - 2000
Figure 3-2a.	Correlations between NO <sub>2</sub> and DWTD1 – Excl. Outliers - 1994
Figure 3-2b.	Correlations between NO <sub>2</sub> and DWTD1 – Excl. Outliers - 2000
Figure 3-2c.	Correlations between NO <sub>2</sub> and DWTD1 – Excl. Outliers - 1994 100
Figure 3-2d.	Correlations between NO <sub>2</sub> and DWTD2 – Excl. Outliers - 1994 100
Figure 3-2e.	Correlations between NO <sub>2</sub> and DWTD1 – Excl. Outliers - 2000 101
Figure 3-2f.	Correlations between NO <sub>2</sub> and DWTD2 – Excl. Outliers - 2000 101
Figure 3-3a.	Correlations between PM <sub>2.5</sub> and DWTD1 - 2000 102
Figure 3-3b.	Correlations between PM <sub>2.5</sub> and DWTD2 - 2000 102
Figure 3-3c.	Correlations between PM <sub>2.5</sub> and DWTD3 - 2000103
	Correlations between PM <sub>10</sub> and DWTD1 - 1994103
Figure 3-4b.	Correlations between PM <sub>10</sub> and DWTD1 - 2000104
Figure 3-4c.	Correlations between PM <sub>10</sub> and DWTD2 - 1994104
Figure 3-4d.	Correlations between PM <sub>10</sub> and DWTD2 - 2000105
Figure 3-5a.	Correlations between CO and Number of Freeway Trucks - Excl. Outliers -
	1994
Figure 3-5b.	Correlations between CO and Number of Freeway Trucks - Excl. Outliers -
	2000
Figure 3-5c.	Correlations between PM <sub>2.5</sub> and Number of Heavy-Duty Diesel Freeway
	Trucks - 2000

## Acknowledgments

This work was supported by the UCLA Southern California Particle Center and Supersite: U.S. Environmental Protection Agency grant number R82735201 and the National Institute of Environmental Health Sciences: grant number R01 ES010960-01. Chapter One was also supported by the UCLA Center for Occupational and Environmental Health.

I thank Curt Miller of the South Coast Air Quality Management District for providing air monitoring data and Keith Farnsworth of the California Department of Transportation for providing traffic count data.

Chapter One is a version of Wilhelm M, Ritz B. Residential proximity to traffic and adverse birth outcomes in Los Angeles County, California, 1994-1996. Environmental Health Perspectives, Volume 11, Number 2, February 2003, pages 207-216. I thank Zarina Iqbal for help with the traffic data mapping in support of the analyses presented in Chapter One. I also thank Fei Yu, Dan Stram and Janice Kim for their helpful comments on draft versions of the manuscript on which Chapter One is based.

I thank the members of my doctoral committee, Sander Greenland, Hal Morgenstern, Arthur Winer and Barbara Visscher, for their time and input. Finally, I thank my doctoral advisor, Beate Ritz, for her invaluable input on all chapters of this dissertation and her tireless support of this research over the past four years.

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# PUBLICATIONS AND PRESENTATIONS

Ritz, B., and Wilhelm, M (September 2001). Traffic Exhaust and Adverse Birth Outcomes in Los Angeles County, California, 1994-1996. Paper presented at the 13<sup>th</sup> Conference of the International Society for Environmental Epidemiology, Garmisch-Partenkirchen, Germany.

viii

Ritz, B., and Wilhelm, M (August 2002). Air pollution and adverse birth outcomes in the South Coast Air Basin, 1994-2000. Paper presented at the 14<sup>th</sup> Conference of the International Society for Environmental Epidemiology, Vancouver, Canada.

Wilhelm M, and Ritz, B. (2003). Residential proximity to traffic and adverse birth outcomes in Los Angeles County, California, 1994-1996. Environmental Health Perspectives, 111(2):207-216.

## ABSTRACT OF THE DISSERTATION

Motor-Vehicle Related Air Pollution and Adverse Birth Outcomes in Los Angeles County, California, 1994-2000

by

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A number of studies reported positive relationships between maternal exposure to outdoor air pollution and adverse birth outcomes. However, outdoor concentrations measured at monitoring stations may not take into account differential exposure to pollutants found in elevated concentrations near heavy traffic roadways. Therefore, we used an epidemiologic case-control study design to examine whether residential proximity to heavy traffic influenced the occurrence of low birth weight (LBW) and/or preterm birth in Los Angeles County between 1994 and 2000. We mapped subject home locations at birth and estimated exposure to traffic-related air pollution using a distanceweighted traffic density (DWTD) measure. We calculated odds ratios (ORs) and risk ratios (RRs) for being LBW and/or preterm per quintile of DWTD. For the time period 1994-1996, we observed an approximately 10-20% increase in risk of preterm birth (both normal and low weight) and term LBW in infants born to women potentially exposed to high levels of motor vehicle exhaust, as represented by DWTD. These risks appeared to be strongest for women whose third trimesters fell during November-May, consistent with elevated pollution in proximity to sources during more stagnant air conditions present in cooler months.

Although residential proximity to traffic did not appear to be associated with higher risks of term LBW or preterm and LBW birth during 1997-2000, residential proximity to trucks on freeways did appear to be associated with greater risks of these outcomes. This suggests more heavily polluting vehicles within the overall cleaner motor vehicle fleet, such as trucks, may now be more important. Positive associations between background CO concentrations and LBW and preterm birth in 1997-2000 suggest, overall, air pollution may still be harmful.

Annual average, winter and spring concentrations of CO, NO<sub>2</sub>, PM<sub>2.5</sub> measured at monitoring stations in LA County were well correlated with DWTD, but fall and summer averages were only weakly or negatively correlated with traffic density. Such differences may be of importance to studies focused on assessing health impacts of short-term air pollution exposures. Additional measurements at locations in closer proximity to traffic are needed to further evaluate the validity of the DWTD measure.

xi